

Weightlifting Machine

Summary:

In the field of bodybuilding and health and fitness machines this invention provides an all-in-one mechanism embodying [REDACTED] workout settings, so future workouts [REDACTED] Its comprehensive in its [REDACTED] exercise by its [REDACTED] providing [REDACTED] exercise by its many weightlifting functions; with [REDACTED] a multitude of work out positions and structural soundness for safety and longevity, while most importantly being the sole weightlifting machine anyone would ever need for muscular and vascular health and wellness [REDACTED]

[REDACTED] that are usually or only offered in a one function apparatus, [REDACTED]

[REDACTED] And, all multi-station units require much space, as do many individual exercise units. This invention facilitates [REDACTED] requiring very little space.

One of the features of this invention is a gym quality squat and bench press mechanism, where the main body [REDACTED]

[REDACTED] The ability to have such an all-in-one workout machine is new to the field of weightlifting and the weightlifting industry.

Invention is a weightlifting machine, for home and commercial use, that is made to commercial standards, where it even exceeds those commercial standards in its sturdiness in design and workmanship, allowing for an approximate 2,500 pound capacity for the leg press. That is more

than any world champion has yet to be able to leg press. [REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

For home users, it does not close like a gym that requires membership. It does not require any traveling time to use (to not just throw away precious time) and will eventually cost less than any perpetual gym membership.

Safety being paramount, this invention utilizes a [REDACTED] what is used for the bench press or squats or leg press. [REDACTED]

[REDACTED]

[REDACTED] amount of weight and that weight can be [REDACTED]

[REDACTED] This allows user to be able to [REDACTED] of downward [REDACTED]

[REDACTED] so the user can finish his movement in a safe fashion while getting the muscle growth (muscle exhaustion) benefits of [REDACTED]

[REDACTED]

Description of Drawings

Fig. 1 view is a Front, Left Side, Perspective showing this invention in Bench Press Position.

Fig. 2 view is a Front, Left Side, Perspective showing this invention in its [REDACTED] position. Fig. 3 view is a Rear, Right Side, Perspective showing this invention in its [REDACTED] position.

Detailed Description of Invention (by explanation of Workout Positions)

The best way to describe the invention by nature of it being a [REDACTED] to describe how it functions in each mode it [REDACTED] Bench Press for example) and what function that position (Bench Press) entails, and how that is carried out [REDACTED]

[REDACTED] This invention will have been [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED] covered for that purpose.

Workout Positions (modes and how they are achieved):

Bench Press Position:

Starting with the [REDACTED] Fig. 1 [REDACTED]
[REDACTED]
[REDACTED] Weight Bench can also be an Incline Bench, a Decline Bench or a Shoulder Press Bench, depending on how Bench Arms 37, 38 and 39 are positioned. Bench is put in those various positions by [REDACTED]
[REDACTED]
[REDACTED]

Shoulder Press Position:

[REDACTED] Support Arm 31 [REDACTED]
[REDACTED] as Bench Press is [REDACTED]
[REDACTED]

[Redacted]

[Redacted] Bench Press Weight Bench [Redacted]

[Redacted] Curl [Redacted]

[Redacted] Leg Curls and Extension [Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted] Armrest [Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted] Weight Stack [Redacted]

[Redacted] Leg Press [Redacted]

[Redacted]

[REDACTED]

Claims:

Invention:

1 Being a device [REDACTED]
position [REDACTED]
[REDACTED]

2 Having a [REDACTED]
[REDACTED]

3 Having an attached [REDACTED]
[REDACTED]

4 Where [REDACTED]
[REDACTED]
[REDACTED]

5 Having Support [REDACTED]
[REDACTED]
[REDACTED]

6 With a [REDACTED]
[REDACTED]
[REDACTED]

7 With supports [REDACTED]
[REDACTED]

8 Having Cable Pulleys [REDACTED]
[REDACTED]

9 With Weight [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

10 [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

11 Having, shown in Fig 1 [REDACTED]
[REDACTED]
[REDACTED]

12 [REDACTED]
[REDACTED]

[REDACTED]

13 Includes a [REDACTED]

14 Contains an Arm [REDACTED]

15 Has a Seat 3 [REDACTED]

16 Includes [REDACTED]

[REDACTED]

17 Provides [REDACTED]

18 Has a [REDACTED]

19 [REDACTED]