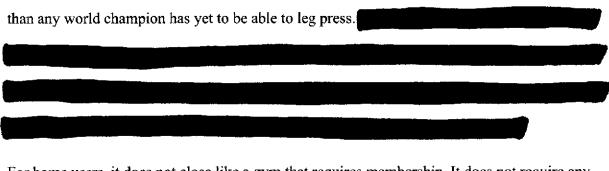
Weightlifting Machine

Summary:

In the field of bodybuilding and health and fitness machines this invention provides an all-in-one mechanism embodying Its comprehensive in its workout settings, so future workouts providing lexercise by exercise by its a multitude of work out positions and its many weightlifting functions; with structural soundness for safety and longevity, while most importantly being the sole weightlifting machine anyone would ever need for muscular and vascular health and wellness that are usually or only offered in a one function apparatus, And, all multi-station units require much space, as do many individual exercise requiring very little space. units. This invention facilitates One of the features of this invention is a gym quality squat and bench press mechanism, where the main body The ability to have such an all-in-one workout machine is new to the field of weightlifting and the weightlifting industry.

Invention is a weightlifting machine, for home and commercial use, that is made to commercial standards, where it even exceeds those commercial standards in its sturdiness in design and workmanship, allowing for an approximate 2,500 pound capacity for the leg press. That is more



For home users, it does not close like a gym that requires membership. It does not require any traveling time to use (to not just throw away precious time) and will eventually cost less than any perpetual gym membership.

Safety being paramount, this invention utilizes a
what is used for the bench press or squats or leg press,

amount of weight and that weight can be

This allows user to be able to
of downward

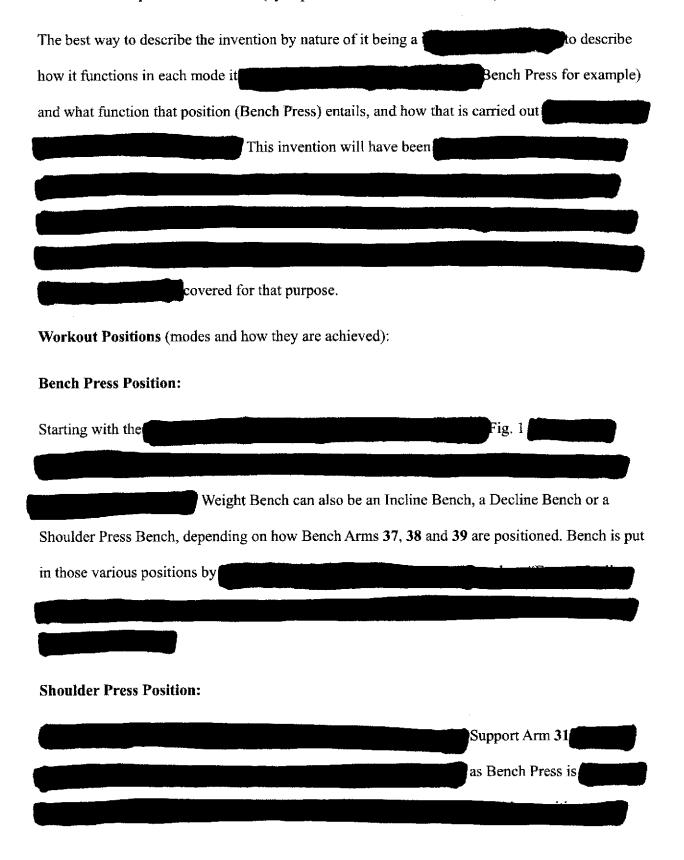
so the user can finish his movement in a safe fashion while getting the muscle growth
(muscle exhaustion) benefits of

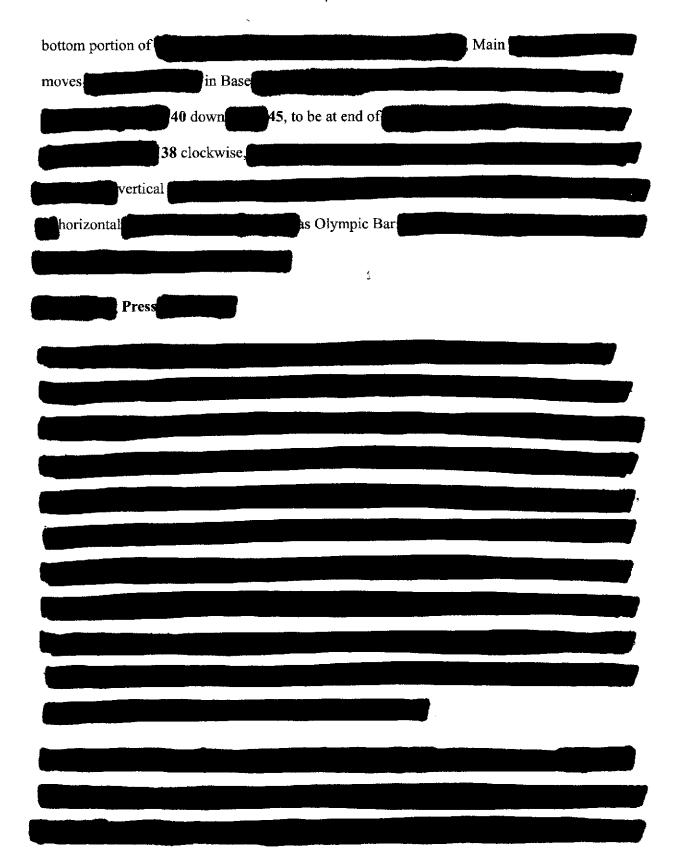
Description of Drawings

Fig. 1 view is a Front, Left Side, Perspective showing this invention in Bench Press Position.

Fig. 2 view is a Front, Left Side, Perspective showing this invention in its position. Fig. 3 view is a Rear, Right Side, Perspective showing this invention in its position.

Detailed Description of Invention (by explanation of Workout Positions)



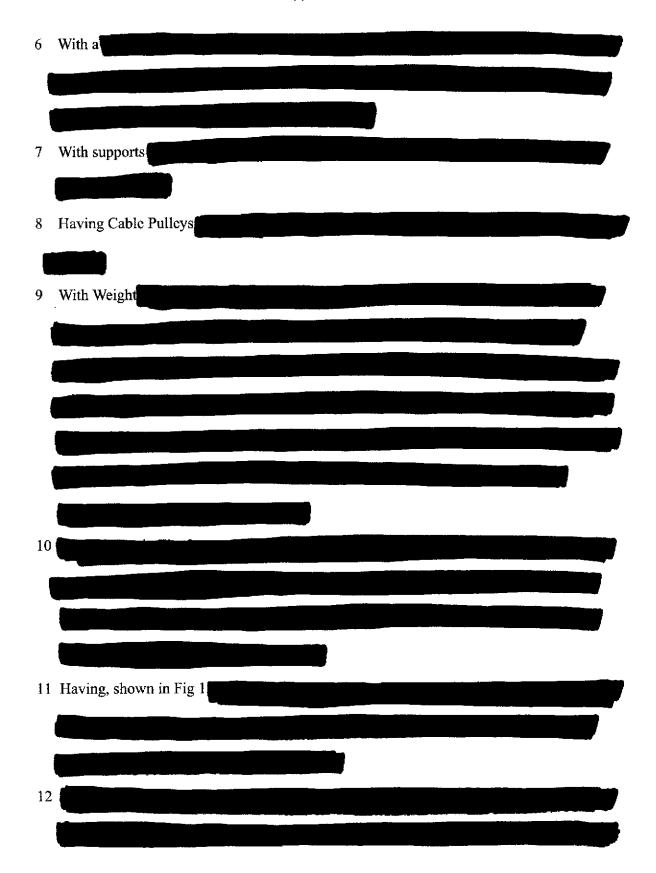


	Bench Press Weight Bench
	Curl
Le	eg Curls and Extension
A	rmrest
Weight S	tack
	Press



Claims:

Invention:



13 Includes a	
14 Contains an Arm	
15 Has a Seat 3	
15 Has a Scat 5	
16 Includes	

